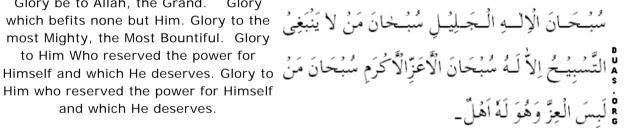
## DUOS Rajab Dua in Lieu of Fasting

It has been said that if keeping fast in this month is difficult one should give one Dirham or one Mund(750 gms) Wheat or Barley as Sadgah. If one is unable to keep fast and is also poor enough that he cannot even give prescribed Sadgah then he should recite the following 100 times daily through the month of Rajab

Glory be to Allah, the Grand. Glory which befits none but Him. Glory to the most Mighty, the Most Bountiful. Glory

Him who reserved the power for Himself

and which He deserves.



"Subhana Ilalahil Jaleele Subhana Man la Yanbaghil Tasbeeho Illa Lahoo; Subhanal A`azzinil Akrame; Subhana Man Labisal Izza wa Hova Lahoo Ahlun.