

**Duas.org - IFTAR (The BEST time for Dua to be accepted.)** It is advisable to postpone breaking one's fast until the evening/night prayers have been performed (after reciting the Magrib & Isha Prayer - if offered together), It is advisable to begin breaking fast with dates.& It is advisable to recite [Sura Qadr](#) at the time of breaking the fast.

O my Allah, for Thee, I fast, and with the food Thou gives me I break the fast, and I rely on Thee.  
ALLAAHUMMA LAKA S'UMTU WA A'LAA RIZQIKA  
AFT'ARTUWA A'LAYKA TAWAWKKALTU

اللَّهُمَّ لَكَ صُمْتُ وَعَلَى رِزْقِكَ أَفْطَرْتُ وَعَلَيْكَ  
تَوَكَّلْتُ -  
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**It is advisable to say the following at the first bite of food taken:**

In the name of Allah, the Beneficent, the Merciful, O He whose indulgence is boundless, forgive me. *BISMILLAHIR RAH'MAANIR RAH'EEM YAA WAASI—A'L MAGHFIRATI IGFIR LEE*

بِسْمِ اللَّهِ الرَّحْمَنِ الرَّحِيمِ يَا وَاسِعَ الْمَغْفِرَةِ اغْفِرْ لِي -  
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Recite the [Supplication of 'Allahumma Rabba Nuril Azeem \(below\)](#) reported by [Sayyid ibn Tawus](#) and al-Kaf'aimy.

O Lord of the magnificent light, Lord of the highest heaven, Lord of the flowing seas, Lord of the great intercessor and brilliant light, Lord of the Tawrat and Injil, and the grand Furqan (criterion).

اللَّهُمَّ رَبَّ النُّورِ الْعَظِيمِ وَرَبَّ الْكُرْسِيِّ الرَّفِيعِ وَرَبَّ الْبَحْرِ الْمَسْجُورِ وَرَبَّ الشَّفْعِ الْكَبِيرِ وَالنُّورِ الْعَزِيزِ وَرَبَّ التَّوْرَةِ وَالْإِنْجِيلِ وَالزَّبُورِ وَالْفُرْقَانِ الْعَظِيمِ

You are the only God of the heavens and the earth. There is no other god save you. You are powerful over everything in the heavens and earth. There is no powerful save you. You are the owner of the heavens and earth. There is no owner save you.

أَنْتَ إِلَهٌ مَنْ فِي السَّمَاوَاتِ وَالْأَرْضِ لَإِلَهٍ فِيهَا غَيْرُكَ وَأَنْتَ مَلِكٌ مَنْ فِي السَّمَاوَاتِ وَالْأَرْضِ لَمَلِكٍ فِيهَا غَيْرُكَ

I beseech you through your great name, your brilliant superior being, your ever existing kingdom, O Ever living, O Self –Subsisting, O Ever living, O self-Subsisting.

أَسْأَلُكَ بِاسْمِكَ الْكَبِيرِ وَنُورِ وَجْهِكَ الْمُنِيرِ وَبِحَبْلِكَ الْقَدِيمِ

I beseech you in thy name that illuminates everything and by thy name that radiates in the heavens and earth, thy name which sets the people of all times on the right path from the foremost to the last.

يَا حَيُّ يَا قَيُّوْمُ يَا حَيُّ يَا قَيُّوْمُ يَا حَيُّ يَا قَيُّوْمُ أَسْأَلُكَ بِاسْمِكَ الَّذِي أَشْرَقَ بِهِ كُلُّ شَيْءٍ وَبِاسْمِكَ الَّذِي أَشْرَقَتْ بِهِ السَّمَاوَاتُ وَالْأَرْضُ وَبِاسْمِكَ الَّذِي صَدَحَ بِهِ الْأَوَّلُونَ وَبِهِ يَصْدَحُ الْآخِرُونَ

O Ever Living who was there before anything else. O Ever Living who ever exists when no life shall exist. O Ever Living there is no god save You. Peace be upon Mohammed and his progeny. Forgive me my sins, make my affairs easy, and the reappearance near and keep us firm in the religion of Mohammed and family of Mohammed, on the guidance of Mohammed and family of Mohammed, on the sunnah of Mohammed and his family, peace be upon him and his family.

يَا حَيُّ قَبْلَ كُلِّ حَيٍّ وَيَا حَيُّ بَعْدَ كُلِّ حَيٍّ وَيَا حَيُّ لَإِلَهٍ إِلَّا أَنْتَ صَلِّ عَلَى مُحَمَّدٍ وَآلِ مُحَمَّدٍ وَاعْفِرْ لِي ذُنُوبِي وَاجْعَلْ لِي مِنْ أَمْرِي يُسْرًا وَفَرَجًا قَرِيبًا وَثَبِّتْنِي عَلَى دِينِ مُحَمَّدٍ وَآلِ مُحَمَّدٍ وَعَلَى سُنَّةِ مُحَمَّدٍ وَآلِ مُحَمَّدٍ عَلَيْهِ وَعَلَيْهِمُ السَّلَامُ

Make my deeds lofty and accepted. Bestow upon me like you have granted your pious and obedient servants.

وَاجْعَلْ عَمَلِي فِي الْمَرْفُوعِ الْمُتَقَبَّلِ وَهَبْ لِي كَمَا وَهَبْتَ لِأَوْلِيَائِكَ وَأَهْلِ طَاعَتِكَ

For surely I am a believer in you, trusting in you, turning repentantly to you, to you is my journeys end. Gather for me and for my family and my parents all good and remove for me , my family and parents all evil.

فَإِنِّي مُؤْمِنٌ بِكَ وَمُتَوَكِّلٌ عَلَيْكَ مُنِيبٌ إِلَيْكَ مَعَ مَصِيرِي إِلَيْكَ وَتَجَبُّعِي لِي وَأَهْلِي وَوُلْدِي الْخَيْرِ كُلَّهُ وَتَصْرِفِ عَنِّي وَعَنْ وُلْدِي وَأَهْلِي الشَّرِّ كُلَّهُ

You are the compassionate, the supporter and the originator of the heavens and the earth. Give me the best that you wish and protect me from your grace, o Kind and compassionate.

أَنْتَ الْحَنَّانُ الْبَنَّانُ بَدِيعُ السَّمَاوَاتِ وَالْأَرْضِ تُعْطِي الْخَيْرَ مَنْ تَشَاءُ وَتَصْرِفُهُ عَنِّ مَنْ تَشَاءُ فَاْمُنْ عَلَيَّ بِرَحْمَتِكَ يَا أَرْحَمَ الرَّاحِمِينَ.